Committee/Group: GOVERNOR’S ADVISORY COUNCIL ON AGING (GACA)

Date: September 7, 2018

Time: 9:00 a.m. – 11:00 a.m.

Venue Address: Arizona State Capitol – Executive Tower
Third Floor Conference Room
1700 W. Washington Street
Phoenix, AZ 85007

GACA Members and Liaisons Present
Lisa O’Neill (Chair), Becky Brimhall (Vice Chair), Carol Brown, Deborah Hankerd, Teri Kennedy, Barbara Marshall, Bob Roth, David Spelich, C.T. Wright
GACA members attending telephonically: Lee Olitzky
Liaisons: Courtney Bennett, Tolanda Coker, Olivia Guerrero, Eric Gudino for John Halikowski, Dara Johnson, Babak Nayeri, Barbara Tinhorn

GACA Members Absent
Belinda Akes, George Evanoff, Mary Hamway, Ellen Kirschbaum, Steve Wagner

GACA Staff
Lizette Cordero, Cathy De Lisa

Guests in Attendance & Choosing to Sign In
Linda Arters, Abigail Polito Hawkins, Heidi Robertson, Cindy Saverino

Call to order, welcome, review & approval of August 3, 2018 draft meeting minutes
Council Chair, Lisa O’Neill, called the meeting to order at 9:00 a.m. with a welcome and introductions. Following, a request for review and approval of the August 3, 2018 draft meeting minutes. Deborah Hankerd made a motion to approve the draft minutes; the motion was seconded by Carol Brown. Council members voted as follows:

Barbara Marshall – Aye
Becky Brimhall – Aye

David Spelich - Aye
Deborah Hankerd - Aye
Bob Roth – Aye
Carol Brown – Aye
C.T. Wright – Aye
David Spelich - Aye
Lee Olitzky - Aye
Lisa O’Neill - Aye
Teri Kennedy - Aye

The motion passed.

Liaison reports (5 minutes to include updates, ideas for collaboration and/or requests to the Council)

Arizona Attorney General’s Office (AG) – Ms. Courtney Bennett reported:
- AG’s office is working on a Health & Safety survey for Advance Care Planning to make the Advance Directives packet more user friendly.
- Senior Scam Alert Series transition is going well with almost 1,000 subscribers.
- Elder Abuse Awareness Poster Contest – Due to the teacher’s strike there was not a good response, however, the contest will be conducted earlier next year and expanded to include essays, Public Service Announcements and seeking participation from the Governor’s Advisory Council on Aging (GACA).

Arizona Department of Economic Security (DES) – Division of Aging & Adult Services (DAAS) – Ms. Cindy Saverino reported updates for Ms. Priscilla Kadi as follows:
- Effective August 1, Ms. Saverino will oversee the Community Action and Aging Programs which have been merged for better collaboration.
- The Senior Community Service Employment Program (SCSEP) grant has been approved.
- The State Plan on Aging will go into effect on October 1, 2018.
- Mr. Dennis Dudley from the Administration for Community Living (ACL), Region IX, will be visiting the Division of Aging and Adult Services (DAAS) on September 18-19, 2018 and attending the Summit on Aging on September 20-21, 2018.
- Home and Community Based Services (HCBS) - Annual improvement on Governor’s Score Card to reduce waitlist from 1,735 to 1,301 (Housekeeping, Visiting Nurses, Attendant Care and Personal Care). The current total is 2,900.
- Adult Protective Services (APS) to reduce aged cases to 90 days from 180 days.
- Adult Protective Services (APS) and the Area Agencies on Aging (AAA’s) will be collaborating for the first time with the World Elder Abuse Conference.
- AzLinks System with core partners: the Area Agencies on Aging (AAA), Arizona Health Care Cost Containment System (AHCCCS), Arizona Long Term Care System (ALTCS) a DES Division of Developmental Disabilities (DDD), Centers for Independent Living (CIL) and DES Division of Aging and Adult Services (DAAS) are collaborating to make the system more user friendly and to streamline AzLinks and direct inquiries.
- APS received a Tech Grant from the Administration for Community Living (ACL) being used to connect the APS and AAA’s.
- The State Health Insurance Assistance (SHIP) Conference will take place on September 13-14, 2018.
- Decision package is in the works to address and/or eliminate the HCBS’s waitlist.
Collaboration with Banner Health and APS to find emergency assist for Emergency Room (ER) patients.

Arizona Association of Area Agencies on Aging (AZ4A) – Olivia Guerrero reported:
Ms. Olivia Guerrero reported:
**Region I: Area Agency on Aging, Region One, Inc.**

World Elder Abuse Awareness Day
- Registrations to attend the Aging Well Conference on September 20-21, 2018 are capped at 500. The Area Agencies on Aging state wide have collaborated with the coordination of the conference this year.
- This year for World Elder Abuse Awareness Day (WEAAD), Area Agency on Aging, Region One and Maricopa Elder Abuse Prevention Alliance (MEAPA) recognized this day with a widespread educational campaign. The theme was "Break the Silence: #WeToo Should Report Sexual Abuse". The Agency encouraged everyone to post on social media (Facebook and twitter) using the hashtag: #WeToo Should Report Sexual Abuse."

**n4a Award**
- In July at the National Association of Area Agencies on Aging (n4a) Conference in Chicago, the Area Agency on Aging, Region One was named as a runner up for the John A. Hartford Business Innovation Award. This award is given by the John A. Hartford Foundation and the Aging and Disability Resource Institute to “community-based organizations that have made significant strides in contracting with health care entities and, as such, have substantially improved the quality of life of older adults.” The Agency was nominated due to its partnerships with Mercy Care which include being a long-term care contracted provider for meals, adult day care, and transportation; two Care Transitions contracts; and being credentialed as a behavioral health provider.

**EMPOWER**
- Area Agency on Aging, Region One, is in Phase I of a potentially three-year project with the Department of Justice (DOJ) and DC-based research group Urban Institute to implement an elder abuse prevention intervention. The intervention, named EMPOWER, is a 12-week curriculum, delivered in home, face-to-face by a Masters level social worker and includes seven distinct modules addressing various domains that impact an older adult’s ability to keep themselves safe and healthy.

**Region II: Pima Council on Aging – (PCOA)**
- Falls Prevention month is always busy in Pima County. Our local Southern Arizona Chapter of the state Falls Prevention Coalition has scheduled 8 community presentations throughout the County and in Nogales during the month, and will be doing five educational segments on a morning TV news/current events program during September. Additionally, the Coalition recently produced, in English and Spanish, a falls risk assessment guide utilizing the CDC STEADI instruments.
- PCOA staff have also been working to bring up a new Corporation for National and Community Service Senior Companion Program in Pima County.
Region III: Area Agency on Aging – (NACOG)

- NACOG Area Agency on Aging Region III just signed a contract for their 27th Aging Conference for October 10 and 11, 2019 in Prescott AZ. SAVE THE DATE! This will be the first time we have had our conference in Prescott in a decade.
- Recently moved 2 of our 4 offices; in Flagstaff moved from 43 S. San Francisco to 323 N. San Francisco. In Show Low moved from Wagon Wheel Plaza to 1801 W Deuce of Clubs. Both offices provide better spaces to work and the price was right.

Region IV Area Agency on Aging – (WACOG)

- WACOG has continued its Home Repair/Renovation program with caregiver funding in SFY 2019. The program enables repairs and renovations to be completed in the home to complement the care provided by caregivers. To be eligible, a caregiver must be involved and the client must need assistance in at least two of their activities of daily living. Under the program, $5,000 can be spent on renovation and repairs and $3,000 can be spent on adaptive aids and devices, such as ramps or walk-in showers.
- On November 15, 2018, WACOG along with co-sponsors, Banner Alzheimer’s Institute and the Alzheimer’s Association, will host a professional caregiver training, “Client/Patient Sensitivity & State Health Insurance Program, in Yuma.

Region VIII – ITCA Area Agency on Aging

Ms. Heidi Robertson reported:

Title III & VI Programs for July 2018 Supported 18 Tribes:
Region VIII attended the Arizona Falls Prevention Coalition meeting, Gila River Indian Community Elder Concerns Group meeting, and the Governor’s Advisory Council on Aging.
Region VIII is currently working on FY2019 Notification of Grant Awards (NOGA) with ITCA member Tribes.

ITCA-AAA Technical Assistance & Training
Region VIII conducted one (1) ‘Medicare, Medicaid, Indian Health Services and Fraud Errors and Abuse’ presentation for Pascua Yaqui Tribe.

Outreach

Region VIII Staff Training & Professional Development
1. One (1) staff person attended the Adult Protective Services Training in Las Vegas, NV.
2. Two (2) staff members attended the ‘Native Vote Training’ in Fountain Hills, AZ.
3. One (1) staff member attended a 3-day National Association of Social Workers-Arizona Chapter Retreat in Prescott, AZ.
4. Three (3) staff members attended the N4A 43rd Annual Conference & Tradeshows in Chicago, IL.
5. One (1) staff member presented at the CMS Training for Indian Health Service, Tribal, and Urban Indian Health Staff in Phoenix, AZ.

The AZ4A report is available for review through the Governor’s Advisory Council on Aging (GACA) office.

Arizona Department of Health Services (ADHS) – Mr. Babak Nayeri reported:
- September is Falls Prevention Awareness month.
- The Arizona Fall Prevention Coalition – Light Up The Night is an event in remembrance of those who lost their lives due to a fall related injury. This is a FREE event taking place on September 20, 2018 from 5:30 to 8:00 p.m. There will be light hor d’oeuvres and refreshments served.
- October 26, 2018 – 1st Annual Symposium is a FREE event with lunch provided. The key note speaker is Dr. Marck will discuss the Centers for Disease Controls (CDC’s) STEADI Initiative which promotes older adult health and independence through fall prevention.

Arizona Department of Insurance (AZDOI) – Ms. Tolanda Coker reported:
- AZDOI completed its move to the ADOA building and are now located at 100 N. 15th Ave., Ste. 102, Phoenix, AZ 85007. The web address and all contact numbers are the same.
- Open enrollment season - Medicare annual open enrollment is 10/15 - 12/7 and the ACA (Obamacare) open enrollment is 11/1 - 12/15.
- The Department is working with other agencies to put on a pre-retirement seminar. One in Phoenix at Burton Barr Library on September 15th and another one at Abrams Public Health Center in Tucson on September 22nd. The ADOI has reached maximum registration capacity for the Phoenix event but are still accepting registrations for Tucson.

Ms. Coker offered to provide information on the Tucson event to the Executive Director for distribution to the GACA members.

Arizona Department of Transportation (ADOT) – Mr. Eric Gudino reported updates for Mr. John Halikowski as follows:
- ADOT MVD is revamping their website to make it more user friendly.
- Many services for homebound or the elderly will be provided online so there will not need be a need to visit an MVD office.
- ADOT will seek input from the council on the website once developed for feedback on design and user friendliness.

Arizona Department of Veterans’ Services – No representative in attendance.

Arizona Health Care Cost Containment System (AHCCCS) – Ms. Dara Johnson reported:
- AHCCCS is getting ready to implement the new integrated acute health care contracts on 10/01/18 to provide a combination of both physical and behavioral health services. More information on the AHCCCS Complete Care contracts can be found on the AHCCCS website (www.azahcccs.gov/acc).
- Electronic Visit Verification (EVV) is a new federal requirement for the provision of personal care and home health services. AHCCCS has recently posted some updated information to their website
Governor’s Advisory Council on Aging

AHCCCS is in the process of finalizing the State’s Systemic Assessment and Transition Plan to meet the requirements of the Home and Community Based Settings (HCBS) Rules. AHCCCS is tentatively planning a round of stakeholder forums in October/November 2018 to present revisions to the assessment and plan recently approved by CMS. More information can be found on the AHCCCS website (www.azahcccs.gov/hcbs). Check the website regularly for updates and/or sign up to receive notices of opportunities for stakeholder engagement.

Arizona Indian Council on Aging – (AICOA) – Ms. Barbara Tinhorn reported:

- Elections are being held for Vice Chair and Secretary.
- State Conference will be held in September 2019 at Ak-Chin.

GACA Chair report & discussion

GACA Chair O’Neill provided the 2019 GACA Meeting dates proposed at the Executive Committee meeting earlier to be voted on at the October 5, 2018 Telephonic GACA Meeting:

- January 4, 2019
- January 11, 2019
- February 1, 2019
- March 1, 2019
- April 5, 2019
- May 3, 2019
- June 7, 2019
- July 5, 2019
- July 12, 2019
- August 2, 2019
- September 6, 2019
- October 4, 2019
- November 1, 2019

The Council Chair stated the Executive Committee highly recommended the January 4, 2019 and July 12, 2019 due to conflicts with the other dates.

Sept. 20-21 AZ4A conference plans

Council Chair O’Neill circulated a sign up sheet for GACA council members attending the AZ4A Conference to volunteer in one of the 20 minute time intervals listed to work the GACA table.

The Council Chair provided GACA members with recommendation from the Executive Committee for approval of the edited elder abuse financial fact sheet. Teri Kennedy made a motion to approve the edited version and David Spelich seconded the motion. The council members voted as follows:

- Barbara Marshall – Aye
- Becky Brimhall – Aye
- C.T. Wright – Aye
- David Spelich – Aye
- Deborah Hankerd – Aye
- Bob Roth - Aye
- Carol Brown – Aye
- Teri Kennedy - Aye
- Lisa O’Neill - Aye
- Lee Olitzky (Telephonically) – Aye

The motion passed.
Council Chair O’Neill provided recommendation from the Executive Committee related to requests. The Executive Committee recommended approval of the inkind sponsorship invitation from DUET for the Caregiver Symposium on October 18, 2018 in Phoenix, AZ. Since GACA has no additional caregiver resource information, a table will not be requested but the group can promote the event and attend. Carol Brown made a motion to accept the invitation for an inkind sponsorship; Barbara Marshall seconded the motion. The council members voted as follows:

- Barbara Marshall – Aye
- Becky Brimhall – Aye
- Bob Roth – Aye
- Carol Brown – Aye
- C.T. Wright – Aye
- David Spelich - Aye
- Deborah Hankerd - Aye
- Lee Olitzky (Telephonically) - Aye
- Lisa O’Neill - Aye
- Teri Kennedy – Aye

The motion passed.

Council Chair O’Neill reported the second invitation was from Tanner Terrance for their annual Health Fair, and the recommendation from the Executive Committee was to accept the no cost table at the event. Teri Kennedy made a motion to accept the invitation to participate; C.T. Wright seconded the motion. The council members voted as follows:

- Barbara Marshall – Aye
- Becky Brimhall – Aye
- Bob Roth – Aye
- Carol Brown – Aye
- C.T. Wright – Aye
- David Spelich - Aye
- Deborah Hankerd - Aye
- Lee Olitzky (Telephonically) - Aye
- Lisa O’Neill - Aye
- Teri Kennedy – Aye

The motion passed.

Discussion – status of GACA 2018 objectives & process for developing 2019 objectives
Chair O’Neill referred to the tracking grid showing GACA is on target with the 2018 objectives and reminded everyone to submit ideas for 2019 goals/objectives to the Executive Director for review and consideration ahead of the annual planning meeting on November 2, 2108.

Council Chair O’Neill took a moment to acknowledge council member Teri Kennedy who has accepted another job and will be relocating to Kansas. Ms. O’Neill expressed gratitude to Ms. Kennedy for her contributions to the GACA during the nine months served. Ms. Kennedy was presented with a Certificate of Appreciation and a small token of appreciation (pen set).

Executive Director’s office updates
Updates on office initiatives, projects and related items
Executive Director Cathy De Lisa reported:
- The Annual Planning meeting will be held on November 2, 2018. The annual event is a working meeting to finalize 2019 priorities and objectives.
- The tracking and reporting volunteer hours handout was provided as requested to help clarify what should be reported as extra volunteer hours beyond the meetings.

Travel updates and/or reminders
- Ms. Lizette Cordero, GACA Executive Assistant, had no travel related updates to report at this time.
**Council Members reporting & sharing**

Lee Olitzky reported there is a property recently sold in Tucson that is in talks with a developer to potentially build low income housing for seniors.

Teri Kennedy reported she is finalizing a report on Age Friendly Health Care Systems accessible across all ages.

Deborah Hankerd provided a newsletter from the senior center in Tombstone with updates and news data on numbers of clients and meals served as well as various upcoming events.

Carol Brown reported, making headway with Falls Prevention and Elder Abuse Prevention Day in Yuma. Community partners include WACOG and Helping Hands.

Bob Roth reported, moderating a four member panel caregiver crisis discussion on the shortage of healthcare workers in Arizona, and Banner is hiring 1,500 healthcare workers.

With approval from the Council Chair, Executive Director, Cathy De Lisa reported:
- Reappointment applications should be completed this month online at the Governor’s website.
- Hospice of the Valley’s Dementia Care Fellowship Program—application submission deadline is October 12, 2018.
- Area Agencies on Aging, Region One is offering opportunities for AmeriCorps members.
- 2018 Arizona Alzheimer’s Consortium Public Conference is taking place on October 31, 2018 from 8:00 a.m. to 1:00 p.m. at the Black Canyon Conference Center in Phoenix.
- Hand in Hand - A training series for Nursing Homes is now available online through the Centers for Medicare & Medicaid Services (CMS) website.
- The Governor’s Office of Youth Faith and Family (GOYFF) is sponsoring the AZ Drug Summit Uniting for Solutions on September 24-25, 2018.

Ms. De Lisa offered to email the information to the Council members.

**Call to the public**

Ms. Linda Arter expressed disappointment with the State Plan on Aging and suggested opening up the next meeting with discussion based on Baby Boomers statistics.

Abigail Polito Hawkins reported the Alzheimer’s Walk in Tucson will be on November 10, 2018. Ms. Polito Hawkins encouraged all to check on the Alzheimer’s Association website for date and time information on walks throughout the state. Ms. Polito Hawkins will provide more dates to the GACA office following the meeting.

**Adjourn**

GACA Chair, Lisa O’Neill, adjourned the meeting at 11:05 a.m.

Copies of all meeting materials and handouts are available for review at the Governor’s Advisory Council on Aging (GACA) office.
NEXT MEETING: The next Governor’s Advisory Council on Aging meeting is a telephonic meeting at 8:00 a.m. on Friday, October 5, 2018; the next in-person meeting is planned for January 2019; location to be confirmed and announced by public meeting notice posted at the GACA website: http://govtrans.az.gov/gaca/. These meetings are open to the public.